



## Onside Sports Coaching



P.E Two year Planner

School: Ireleth St. Peter's

Year 1 – 2022 - 2023

Year/Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Reception & Year 1	Fundamental Movements skills	Fundamental Moves skills	Agility & Balance	Co-ordination & Sending & Receiving	Jumping & Methods of Travelling	Athletics
Year 2 & 3	Agility & Balance	Co-ordination & Sending & Receiving	Indoor Athletics	Sports Specific circuit Hockey & Basketball	Sports Specific circuit Tennis & Cricket	Sport Specific Circuit Football & Rounders
Year 4, 5 & 6	Hockey	Handling Activities	Dodgeball	Invasion Games	Football	Athletics
Date	7 <sup>th</sup> Sept – 21 <sup>st</sup> Oct	31 <sup>st</sup> Oct – 20 <sup>th</sup> Dec	4 <sup>th</sup> Jan – 17 <sup>th</sup> Feb	27 <sup>th</sup> Feb – 31 <sup>st</sup> March	17 <sup>th</sup> April – 26 <sup>th</sup> May	5 <sup>th</sup> June – 19 <sup>th</sup> July

Year 1 – 2023 - 2024

Year/Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Reception & Year 1	Fundamental Movements skills	Fundamental Moves skills	Agility & Balance	Co-ordination & Sending & Receiving	Jumping & Methods of Travelling	Athletics
Year 2 & 3	Hockey	Handling Activities	Dodgeball	Tennis	Cricket	Athletics
Year 4, 5 & 6	Tag Rugby	Indoor Athletics	Handling – High five Netball	Tennis	Cricket	Rounder's & Summer Sports
Date	6 <sup>th</sup> Sept – 21 <sup>th</sup> Oct	30 <sup>th</sup> Oct – 19 <sup>th</sup> Dec	3 <sup>rd</sup> Jan – 9 <sup>th</sup> Feb	19 <sup>th</sup> Feb – 28 <sup>th</sup> March	16 <sup>th</sup> April – 24 <sup>th</sup> May	3 <sup>rd</sup> June – 19 <sup>th</sup> July